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HENRY BAKER COLLEGE MELUKAVU

National Service Scheme

ACADEMIC YEAR 2015-16

FROM DARKNESS INTO MARVELLOUS LIGHT

Henry Baker College, Melukavu Is a Christian, Minority, Co-Educational, Governmentaided Arts and Science College Established In 1981, affiliated to Mahatma Gandhi University, Kottayam, Kerala.

NSS Programme Officers:

- 1. Dr. Disha V J, Associate Professor, Department of Physics
- 2. Dr. Santo Jose, Assistant Professor, Research & PG Department of Commerce

Volunteer Secretaries: 1. Amaldev Murali (B.Com.)

2. Hrdaya C George (B.Sc. Physics)

1. WORLD POPULATION DAY

In 1989, the Governing Council of the UN Development Programme recommended that 11th July should be observed by the International Community as World Population Day, a day to focus attention on the urgency and importance of population issues. The theme of this year's WPD is *Vulnerable population in emergencies*. According to UN studies 60 million people are displaced by crises every year. Thus, the purpose of the Day was to make people aware of the needs of vulnerable women and girls in emergencies. Because everywhere in the world women and girls are exploited by various people from the society at this juncture, we must help them to maintain their dignity, secure their safety and restore their access to sexual and reproductive health care. Along with this purpose, Henry Baker College NSS unit also organised the World Population Day awareness class on 11th July 2015. In association with Public Health centre, we organised an invited talk on "Women and Health Care in the Present World Scenario" Dr. Bibiraj C., Assistant Surgeon, CHC, Edamaruku, was the chief guest and Mr. Sakeer KB Health Inspector presided over the meeting. 75 students attended the programme.



2. ANTIDRUG & ANTI-TOBACCO AWARENESS PROGRAMME

On 17th July 2015, National Service Scheme, Henry Baker College, Melukavu in association with Community Health Centre, Edamaruku organised an Antidrug & Antitobacco awareness seminar and rally. The purpose of the programme was to make people aware of drug abuses and create a society free of tobacco. The programme was inaugurated by Principal Dr. Anieyamma Varghese, and Dr. Bibiraj C, Community Health Centre, Edamaruku delivered the presidential address. seventy students participated in the programme.



3. Pathumaram Padhathi

Under the initiative of NSS unit of Henry Baker College, Melukavu in alliance with Melukavu Gramapanchayath started a mass tree plantation programme on 25th July 2015. This scheme was known as Pathumaram Padhathi. Two hundred volunteers participated.

In the scheme members of Pathumaram Padhathi NSS planted trees in 300 houses of ward No. 10. Joy Abraham, MP inaugurated the programme and, in his inaugural talk he reiterated the purpose of the scheme. Kudumbasree members, and youth Club Kizhakkanmattom, wholeheartedly supported the NSS volunteers. The sole intention of the programme was to promote environmental concern among all categories of people in the society and thereby afforest our localities and preserve the biodiversity of our region. The Scheme was benefited by 300 households of the Ward No.10 of (Kizhakkenmattom) Melukavu Grama Panchayath.

മലയാള മനോരമ 2015 ജൂലൈ 26 ഞായർ



ഇനി എല്ലാ വീട്ടിലും പത്തുമരം: പദ്ധതി തുടങ്ങി

മേലുകാവ് ഗ്രാമപഞ്ചായത്തി ലെ പത്താം വാർഡിൽ എല്ലാ വീട്ടിലും ഇനി പത്തുമരം പദ്ധതി യുടെ ഉദ്ഘാടനം ഇന്ന് ഒൻപതി നു ജോയി ഏബ്രഹാം എംപി നിർ ഗ്രാമപഞ്ചായത്തു വൈസ് പ്രസിഡന്റ് സണ്ണി മാത്യൂ താധ്യക്ഷത വഹിക്കും.

ഹെൻറി ബേക്കർ കോളജ് എൻഎസ്എസ് യൂണിറ്റ്, കുടും ബശ്രീയൂണിറ്റ്, യൂത്ത് ക്ലബ്ബുകൾ, സന്നദ്ധ സംഘടനകൾ എന്നിവ

സഹകരണത്തോടെയാ ണു പദ്ധതി നടപ്പാക്കുന്നത്. അം ഗങ്ങൾ തന്നെ ഓരോ വീട്ടിലും വീ ട്ടുകാർ പറയുന്ന ഭാഗത്തു കുഴി കുത്തി തൈകൾ നടും

വൃഷത്തൈകൾ വിതരണം ചെയ്താൽ പൂർണമായും പ്ര യോജനപ്പെടാത്തതിനാലാണു നട്ടു നൽകാൻ തീരുമാനിച്ചത്. ഓരോ വീട്ടിലും പത്തു വൃക്ഷ തൈകൾ വീതം നട്ടുനൽകും തേക്ക്, മഹാഗണി, പ്ലാവ്, വേപ്പ്.

പുളി തുടങ്ങിയ മരങ്ങളാണു നടു

അംഗങ്ങൾ നാലു ഗ്രൂപ്പുകളാ യി തിരിഞ്ഞാണു പ്രവർത്തനം നടത്തുന്നത്. വാർഡിലെ 300 വീ ടുകളിലാണു തൈകൾ നടുന്ന ത്. ഒരു വീട്ടിൽ പത്തു തൈകൾ വീതം നടുമ്പോൾ വാർഡിൽ 3000 പുതിയ വൃക്ഷങ്ങൾ വളരുമെന്ന താണു പദ്ധതിയുടെ ഗുണമെന്നു വാർഡ് മെംബർ സണ്ണി മാത്യൂ പറ

പത്ത് മരം പദ്ധതിക്ക് തുടക്കമായി

മേലുകാവ്: പഞ്ചായത്തിലെ പ ത്താം വാർഡിൽ എല്ലാ വീടുക ത്രാം വാരവത്ര എല്ലാ വാട്ടുക ളിലും പത്ത് മരം എന്ന പദ്ധതി ക് തുടക്കമായി ചെന്റിവേക്കർ കോളജ് എൻ.എസ്.എസ്. യൂ ണിറ്റംഗങ്ങളും പരിസ്ഥിതി പ്ര വർത്തകരും ചേർന്ന് നടപ്പാക്കി യ തൈകളുടെ നടിൽ ഉർപ്പാട സം ജോയി അയുവരും പുംപി നം ജോയി ഏബ്രഹാം എം.പി. നിർവഹിച്ചു, തേക്ക്, ഹോഗണി, പ്ലാവ്, പുളി, ചാമ്പ തുടങ്ങിയ ഒ തെകളാണ് നൽകിയത്, പഞ്ചാ തെകളാണ നൽക്വയത. പഞ്ചാ യത്ത് വൈസ് പ്രസിഡന്റ് സണ്ണി മാത്യ്യ. ബ്ലോക്ക് പഞ്ചായത്ത് പ്ര സിഡര്റ്റ് സാബ്യ. പുണ്ടിക്കുളം, അനീഷ് ഗോചാലൻ, പിറ്റർ പ തലാസ്, ഡോ. സാന്റോ ജോസ് , ബെറ്റി ബിജ്യ. സിബിറ്റ് കിഴേക്ക ം തുടങ്ങിയവർ പ്രസംഗിച്ചു.



 മേലൂകാവ് പഞ്ചായത്ത് പത്താം വാർഡിൽ പത്ത് മരം പദ്ധതി ജോയി ഏത്രപ്രാം എം.പി. തെെ നട്ട് ഉ ദ്ഘാടനം ചെയ്യുന്നു



4. ROAD SAFETY WEEK

An awareness class on Road safety was conducted by Road Transport Officer Pala, on 16th September 2015, the purpose of this awareness programme was to alert our youth about careless and reckless driving habits, which had made lots of accidents especially of school children and hiking of death rates day by day. To make the youth aware of this situation MG University NSS Cell and affiliated colleges commemorated this week as road safety week. As we know more than one lakh children under 18years dies of road traffic crashes every year. This rate is three times higher in India like developing countries, so it is the responsibility of us to make our youth careful about others life. 256 students attended the programme.





5. Three Day Orientation for NSS Volunteers

Three-day NSS orientations were held from 2nd October 2015-4th October 2015. This was mainly organized for new volunteers. In those three days, NSS unit organised several programmes which are detailed below:

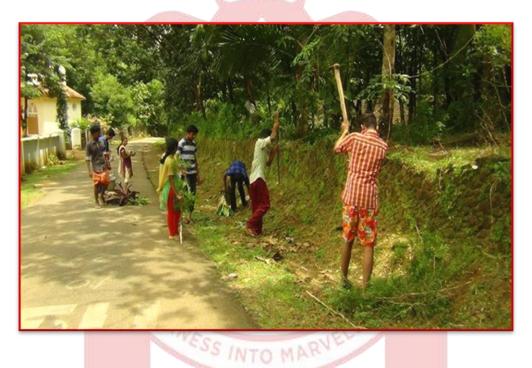
I. SWACHH BHARAT ABHIYAN

Swachh Bharath Abhiyan is a countrywide campaign initiated by the Government of India in 2014 to eliminate open defection and improve solid waste management. It is a to phase programme and its first phase will end only on 2nd October 2019. As a part of Swachh Bharat Abhiyan programme, a cleaning drive (Clean India Mission) was conducted at the adopted village on 2nd October 2015. Cleaning of Pala- Melukavu road was the major activity in this regard by NSS volunteers, 60 Volunteers participated and 250 people benefited.









II. GANDHIAN THOUGHTS

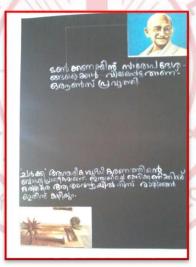
On 2nd October 2015, a special talk was held on '*The Relevance Of Gandhian Thought Today*' by Sri. Tom Kalapurackal, Higher secondary school teacher at St. George Higher secondary school, Arakkulam. Nearly 60 NSS Volunteers had participated and 60 people had benefited.

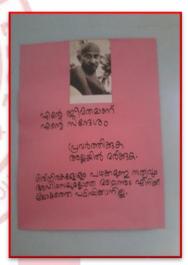


III. POSTER EXHIBITION

In commemoration of Gandhi Jayanthi, a poster exhibition of Mahathma was held on 2nd October 2015, which depicted the thoughts and quotes of Mahatma Gandhi. Posters are prepared by students themselves thereby they became more familiar to Gandhian philosophy and the significance of it in the present world order







IV. OTHER PROGRAMMES

Debate, Quiz programme, essay writing competition and mime were conducted on 3rd October 2015. Nearly 75 NSS Volunteers had participated and 75 people had benefited.





V. CLEANING PROGRAMME

Cleanliness drive programme was conducted at Henry Baker college campus on 3rd October 2015. 75 NSS Volunteers participated and 350 people got benefited.





VI. TREE PLANTATION PROGRAMME

Planting trees at college campus on 3rd October 2015 was also held as a part of this programme.



6. OTHER MAJOR ACTIVITIES

I. AMRUTHAM AROGYAM

An awareness class and rally were held against lifestyle diseases on 14th December 2015 in association with Community Health Centre, Edamaruk.



II. ORGANIC FARMING

Organic farming is an agricultural system that uses ecologically based pest controls and biological fertilizers derived largely from animal, plant wastes and nitrogen-fixing cover crops. Modern organic farming was developed as a response to the environmental harm caused by the use of chemical pesticides and synthetic fertilizers in conventional agriculture, and it also has numerous ecological benefits. NSS Unit of Henry Baker College started organic farming in the college campus. Volunteers planted tapioca stems in the college compound and harvested and sold it on profit.









III. HOUSE CONSTRUCTION FOR POOR FAMILY

Twenty-five NSS volunteers had participated in the house construction programme at Pandiyammavu, Melukavu Grama panchayath which was held on 09th January 2016.



IV. E-JAALAKAM

E-Jalakam is a model e-governance literacy project that aims to enhance public access to various online government services. An awareness class about this project was conducted for all the first-year students of college on 1st February 2016.

V. DIGITAL INDIA WORKSHOP

On 25th February 2016, 10 NSS Volunteers and programme officers attended a workshop organized by the MG University, Kottayam. To make the students aware of e-governance and for promoting digital transactions, the programme was to envisaged to a paperless economy. 10 volunteers and one programme officer attended the programme.





